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BOX 1 FOLDER 3 Charitable Mechanic Association"

1912

CATALOGUE

OF THE WOMEN'S DEPARTMENT *of*
The TWENTY-FIRST EXHIBITION OF
THE MASSACHUSETTS CHARITABLE
MECHANIC ASSOCIATION

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SEPTEMBER TWENTY-SECOND TO
NOVEMBER FIRST A.D. MCMII
BOSTON MASSACHUSETTS

1902

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CATALOGUE



THE Women's Educational and Industrial Union of Boston was invited to take the direction of the Women's Department of the Mechanics Fair for 1902, and the Union gladly availed itself of this opportunity. Through the tangible medium of exhibits it was thought possible to bring certain industrial and educational facts to the attention of many persons whose interest would not be arrested if the same facts were stated in writing or in words, and thus to make the Women's Department both suggestive and helpful.

In selecting exhibits, emphasis has been laid most strongly on what has been done by women, and for women, in the home. Emphasis is centered on the home in the belief that woman's most vital interest and her most imperative work lie there. To show how science can be applied to daily living to raise the standard of health, to lessen the drudgery involved in housework, to secure the greatest satisfaction for the money, time and effort expended in housekeeping—these are the aims of the Home Economics Division.

However, while the imperative importance of the home cannot be disregarded, the growing opportuni-

ties of women for self-support in the industrial world must also claim attention. Under changing economic conditions women are being forced, either by taste or by necessity, into employments and interests outside the home. Not less vital to many women than the conduct of a home, are opportunities for self-support and for recognition of the larger human claim that finds expression in some form of social service.

The work of women in the industrial world has been emphasized as strongly as time and space would permit, the interest of these exhibits centering in the various handicrafts for women that are coming into being, or, to speak more truly, are recovering life after a long period of suspended animation, both in rural districts and in towns all through the country.

Women have also shown so great a response to movements for social betterment, whether in the line of civic or of philanthropic work, that the social service they have rendered should at least be indicated in any exhibition of women's work, and the attempt has been made to show a few examples here.

One point in regard to the Women's Department cannot be too clearly understood. The exhibits are neither exhaustive nor comprehensive. They are merely suggestive. The time for preparation was too short, and the space too limited to attempt to show all that might be presented in the department of Home Economics alone. As for the work of women in the industrial world, women have already secured a foothold in almost every line of work, till there is scarcely an employment in which men are engaged that does

not number at least a few women in its ranks. To show examples of women's work in all the industries in which women are engaged, would be obviously impossible. As has been said, the selection has fallen on those handicrafts in which women have recently made a beginning or have taken a renewed hold, or on those industries that are connected directly with the home and daily living.

Of work for social betterment, it is evidently equally impossible to make an exhaustive exhibit. The attempt has been made to give only a few of the innumerable examples of excellent work, and the choice has fallen, for the most part, on social work that has a direct relation to the home or to the lives of children.

Grateful recognition is due so many persons for generous help and interest in the preparation of exhibits, as to preclude the possibility of personal acknowledgment. Mention must, however, be made of the indebtedness of the Women's Department to the Home Economics Committee of the Boston Branch of the Association of Collegiate Alumnae, and to the Mary Lowell Stone Home Economics Exhibit. Through the efforts of the former there was given last spring in the rooms of the College Club, an exhibition of the "Contributions of College Women to Home Economics," which has formed the basis of the present Home Economics Exhibit.

The gift of a memorial fund for the Mary Lowell Stone Home Economics Exhibit has made possible the preparation of a Home Economics Exhibit on a much more complete scale than could otherwise have

been afforded. Those portions of the present Home Economics Exhibit that are contributed through the Mary Lowell Stone Home Economics Exhibit are indicated in the classification of exhibits that follows.

The space assigned the Women's Department consists of four connecting rooms. The exhibits are arranged in these rooms in the following manner:—

ROOM I. — Home Economics.

ROOM II. — Home Economics and Industries that are connected directly with daily living.

ROOM III. — Industries.

ROOM IV. — Education and Social Service.

Classification of Exhibits

ROOM I

Home Economics

Section 1. — Bibliography.

Lake Placid Home Economics Conference, reports and literature.

Books by college women.

Domestic Reform League literature.

Bulletins of the United States Department of Agriculture.

"Home Library" on Home Economics — Loaned by the courtesy of the New York State Library.

Section 2. — Shelter.

— House Plans. Mary Lowell Stone Home Economics exhibit.

— Photographs of exteriors and interiors of houses. Mary Lowell Stone Home Economics Exhibit.

— Paris exhibit of the Association of Collegiate Alumnae, 1900. Mounted for the Mary Lowell Stone Home Economics Exhibit.

Photographs suggesting inexpensive methods of treating small private grounds. Loaned by the courtesy of Warren H. and J. Woodward Manning.

Photographs and drawings showing the possibilities of an abandoned farm. Mary Lowell Stone Home Economics Exhibit.

— Two living rooms furnished for the same price, to show contrasting standards of suitability, harmony and real economy. Mary Lowell Stone Home Economics Exhibit.

Suggestions for a twentieth century kitchen.

— Model and designs for ventilation of rooms. Mary Lowell Stone Home Economics Exhibit.

Samples of materials for kitchen floors. Mary Lowell Stone Home Economics Exhibit.

Inexpensive wall papers and stuffs, considered with reference to durability of coloring. Mary Lowell Stone Home Economics Exhibit.

ROOM II

Home Economics (*Continued*) and Industries connected directly with Daily Living

Section 3. — Food.

American Kitchen Magazine.

Suggestions of the variety of wholly or partly prepared food that can be purchased in a modern grocery.

School lunches. Loaned by the courtesy of the New England Kitchen.

Food Department of the Women's Educational and Industrial Union.

A small lunch room under the direction of the Women's Educational and Industrial Union. An inexpensive luncheon and dinner are served daily with the object of giving a practical illustration of attractive and healthful combinations of food that can be served for a small amount of money. The actual cost of the raw food material served will be given on the menus.

Laboratory kitchen for the scientific study and production of bread.

Ten cent dietary.

Seventeen cent dietary.

Section 4. — Clothing.

Hygienic clothing for infants.

Creeping suit for child.

Hygiene of clothing: Mary Lowell Stone Home Economics Exhibit.

Selections from costumes of centuries.

The Sunshine Laundry.

Section 5. — Household Management.

Domestic Reform League.

1. Literature and reports.

2. Method of registration.

3. Suggestions for furnishing a kitchen and employee's bedroom.

Apportionment of \$3.50 a week at Women's Hall, in University of Chicago.

Twentieth century expense book.

Dietary computer.

Recipe box for computer.

Recipe frames.

Card catalogue system for the home.

Handy box.

Designs submitted for Home Economics prize. A prize of fifty dollars is offered by the Women's Educational and Industrial Union for the best household labor-saving device designed by a woman.

Section 6. — Possible applications of Home Economics to work for children.

Suggested application of Home Economics to public school instruction.

House model by Elliot School.

House model by children of the Fitchburg Normal School.

House-plans and schemes of decoration by Hyde School.

Work of Louisa M. Alcott Club. (This exhibit will be found in Room IV. — "Education and Social Service.")

ROOM III

Industries

Swedish Fabrics. — Hand-weavings in cotton, linen and wool
A worker illustrates the method of weaving with a Swedish loom.

Russian peasant industries.

Porto Rican handwork of women.

Handiwork Department of the Women's Educational and Industrial Union.

Arts and Crafts.— A few suggestions of the work of women in the arts and crafts that include examples of:—

Rugs and other hand-woven fabrics. A worker illustrates the various processes of rug-making.

Baskets.

Laces, illustrated by a worker.

Embroideries.

Metal work.

Work in leather and in wood.

Pottery and glass.

Photographs and posters.

ROOM IV

Education and Social Service

Section 1.— Work for children.

Vacation Schools.

Children's Clubs.— The work of the Louisa M. Alcott Club.

School Gardens.— Exhibits loaned by the courtesy of members of the American Park and Outdoor Art Association.

Playgrounds.

Day Nurseries.— A day nursery is open daily from ten until five o'clock. Nursery and kindergarten work will be demonstrated with groups from various nurseries in Boston. A trained nurse is in charge and persons visiting the Fair may leave small children in her care during the hours mentioned.

A charge of ten cents is made where luncheon is served to children in the nursery.

Section 2.— Consumers' League.

Section 3.— Work for the Blind.

An exhibit of the Ethics Committee of the Women's Educational and Industrial Union.

A reading and rest room is open from 10 A. M. to 10 P. M. The room includes a telephone pay-station.

A cordial invitation is given to women to avail themselves of this room, which is designed particularly for the convenience of visitors to the Fair.

Lectures

HOME Economics, the Arts and Crafts, Education, or Social Service,— any one of these when interpreted merely through the medium of "things," as a series of unrelated and unexplained exhibits, loses the greater part of its significance. It seems essential to the adequate presentation of the subjects represented in this department, that the meaning that the various exhibits can express but silently should be reinforced by the spoken word of lectures.

Moreover, much of the world's best thought can never find expression through tangible objects, but must always remain to be written or spoken. This is particularly true of certain phases of educational and social work which it has seemed impossible to present here in an interesting way through any actual exhibit of work accomplished. Accordingly a series of lectures has been arranged to amplify and complete the exhibits shown in the divisions of Home Economics, Industries, and Education and Social Service.

Commencing with the second week of the Fair, September 29, lectures will be given at three o'clock every afternoon except Saturdays, and at eleven o'clock on Saturday mornings, in Room III, Paul Revere Hall. After each lecture a special effort will be made to show and explain the exhibits, an additional number of ushers having been provided for this time. In the outline that follows the arrangement of dates and subjects is given.

Outline of Lectures

Paul Revere Hall, at 3 o'clock P. M.

MONDAYS

Home Economics

- September 29.—“The Housekeeping of the Twentieth Century.”
Mrs. ELLEN H. RICHARDS.
- October 6.—“Adulteration of Some Common Food Materials.”
Mr. ALPHEUS T. WOODMAN.
- October 13.—“Household Pests.”
Miss S. MARIA ELLIOTT.
- October 20.—“Art and Science in the Household.”
Miss ETHEL F. FIFIELD.
- October 27.—“Household Problems in Women's Clubs.”
Miss ANNA BARROWS.

TUESDAYS

Social Service

- September 30.—“Movements for Village Improvement.”
(Illustrated by lantern slides.)
Mr. J. WOODWARD MANNING.
- October 7.—“The Work of the Consumers' League.”
Mrs. FLORENCE KELLY.
- October 14.—“An Employer's Responsibility to his Employees;
The Social Work of the National Cash Register Company
of Dayton, Ohio.” (Illustrated by lantern slides.)
Mr. GEORGE A. TOWNSEND.
- October 21.—“Settlements; Their Social and Civic Sides.”
Mr. WILLIAM I. COLES, Mr. MEYER BLOOMFIELD.
- October 28.—“Some Possibilities of Playgrounds.” (Illustrated
by lantern slides.)
Mr. JOSEPH LEE.

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WEDNESDAYS

Lectures on Industrial and Educational Subjects

- October 1.—“Breadmaking and its Industrial Significance.”
Miss BERTHA STEVENSON.
- October 8.—“Working Women's Clubs—A Conference.”
Miss O. M. E. ROWE and others.
- October 15.—“Technical Training for Women.”
Miss SARAH L. ARNOLD.
- October 22.—“Work for the Adult Blind.”
Rev. FRANCIS A. ROWLEY.
- October 29.—“Legal Protection for Women.”
Mrs. ALICE PARKER LESSER.

THURSDAYS

Technical Schools for Women

- October 2.—“Simmons College—Its Present and Its Future.”
Miss SARAH L. ARNOLD.
- October 9.—“Boston Normal School of Gymnastics.”
Miss AMY HOMANS.
- October 16.—“Waltham Training School for Nurses.”
Mrs. MARY BOLAND PEQUIGNOT.
- October 23.—“Horticulture—A Profession for Women.”
Miss LOUISE K. MILLER.
- October 30.—“Instruction in Household Arts at the State
Normal School, Framingham.”
Mrs. KATE GANNETT WELLS.

FRIDAYS

Arts and Crafts

- October 3.—“Women's Work at the Tiffany Studios.”
Mrs. CLARA W. DRISCOLL.
- October 10.—“The Educational Influence of Craft Work.”
Miss AMY M. HICKS.

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October 17. — "Colonial Industries Revived—Rugs."
Mrs. T. S. NICKERSON.

October 24. — "The Handicraft Shop."
Mrs. MARY WARE DENNETT.

October 31. — "Old and New Glass."
Miss FLORENCE MACDONALD.

SATURDAY MORNINGS AT ELEVEN O'CLOCK

Public Schools

October 4. — "School Gardens."
Mr. W. A. BALDWIN.

October 11. — "School Decoration."
Mr. WALTER GILMAN PAGE.

October 18. — "Nature Study in Schools."
Mr. J. W. SPENCER.

October 25. — "The School Building."
Mr. R. CLIPSTON-STURGIS.

SATURDAY AFTEROONS AT THREE O'CLOCK

An entertainment for children will be given. A performance by the children of the Dorothea Dix House, and a novel show of marionettes are among the attractive features to be offered for the amusement of children.

It is also suggested that many of the exhibits in the Women's Department appeal strongly to the interest of persons young as well as old. Saturday afternoons are to be "Children's Afternoons," and children will be made very welcome.

Afternoon tea on Wednesday afternoons at four o'clock, will be served by committees of the Women's Educational and Industrial Union.

A PRIZE of fifty dollars is offered by the Women's Educational and Industrial Union for the best household, labor-saving device designed by a woman. The saving of labor may be effected either by mechanical means or by such an arrangement of ordinary household equipment as will insure the greatest economy of effort in housework.

Competitors for this prize may submit designs any time between September fifteenth and October fifteenth. The number of designs to be submitted by one person is not limited.

The discoveries of science and the evolutions of machinery in the twentieth century have called into being great labor-saving forces that are now available for application to the home and should make house-keeping easier and simpler. However, women as a class have not yet learned to utilize these forces. It is with the hope of stimulating the inventiveness of women and their interest in applying science to daily living that this prize is offered.

Further particulars may be had upon application to the Home Economics Committee, 264 Boylston Street, Boston, Massachusetts. Should no suitable design be submitted, the prize will not be awarded.

The prize will be awarded by these judges:

ELLEN H. RICHARDS, A. M., S. B.,
*Instructor in Sanitary Chemistry,
Massachusetts Institute of Technology.*

MARY J. LINCOLN,
Culinary Editor, American Kitchen Magazine.

DWIGHT PORTER, Ph. B.,
*Professor of Hydraulic Engineering,
Massachusetts Institute of Technology.*

Executive Committee

Mrs. MARY MORTON KEHEW, *Chairman.*

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Mrs. LOUISA C. YOUNG. Mrs. MARY WARE DENNETT.
Mrs. HELEN PEIRCE. Miss ETHEL F. FIFIELD.

The administration work of the department has been arranged under the following divisions and for its accomplishments special recognition is due to the persons whose names appear:—

Lectures

Mrs. LOUISA C. YOUNG.

Mrs. CHARLOTTE BARELL WARE. Miss SARAH L. ARNOLD.

Home Economics

Mrs. ELLEN H. RICHARDS.

Miss S. MARIA ELLIOTT. Miss ETHEL F. FIFIELD

Arts and Crafts

Mr. ROSS TURNER.

Mrs. MARY WARE DENNETT. Miss AMY M. SACKER.
Miss LOIS L. HOWE. Miss ETHEL F. FIFIELD.

Education and Social Service

Mrs. MARY MORTON KEHEW. Miss LALIAH B. PINGREE.
Mrs. ANNIE HOOKER MORSE. Miss ISABEL HYAMS.

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Miss ELLA E. CARLISLE. Mrs. ALICE FREEMAN PALMER.
Miss HELEN CHEEVER. Mrs. ALICE UPTON PEARMAIN.
Mrs. EDNAH D. CHENEY. Miss ANNETTE P. ROGERS.
Mrs. MARGARET DELAND. Miss O. M. E. ROWE.
Mrs. CHARLES W. ELIOT. Mrs. CHARLES S. SARGENT.
Mrs. EMILY A. FIFIELD. Mrs. J. MONTGOMERY SEARS.
Mrs. CHARLES F. FOLSOM. Mrs. QUINCY A. SHAW.
Mrs. J. S. C. GREENE. Mrs. MAY ALDEN WARD.
Mrs. FREDERIC GREENHALGE. Mrs. BERNARD WHITMAN.
Miss CAROLINE HAZARD. Mrs. HENRY M. WHITNEY.
Mrs. HENRY L. HIGGINSON. Miss HELEN WINSLOW.
Dr. MARY F. HOBART. Miss DORA WILLIAMS.
Mrs. JULIA WARD HOWE. Mrs. ROGER WOLCOTT.
Miss AGNES IRWIN.

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THERE is an idea abroad among moral people
that they should make their neighbors good.
One person I have to make good—myself.
But my duty to my neighbor is much more nearly ex-
pressed by saying that I have to make him happy—
if I may.

--ROBERT LOUIS STEVENSON.

THE reform that applies itself to the household must not be partial. It must correct the whole system of our social living. It must come with plain living and high thinking; it must break up caste, and put domestic service on another foundation. It must come in connection with a true acceptance by each man of his vocation, not chosen by his parents or friends, but by his genius, with earnestness and love.

—EMERSON.